



Impact Gymnastics Spring 2026 Newsletter



Competition Season

Impact Boys Our team boys have been training hard and traveling all over New England for meets. We loved hosting the Impact Classic in February. States, Regionals, Easterns and National Championships are on the horizon!



TEXAS

Levels 7, 8, 9 and 10 traveled to Fort Worth Texas for the Horton Challenge

Impact Girls Our girls team SLEIGHED at the home meet in December (Just Sleigh It) and have continued to bring their game to every meet. The girls had fun at the Charity Challenge Cup in Florida over February Vacation.



Important Dates

Impact is **OPEN** for all classes and events during April school vacation week.

Impact is **CLOSED** for classes on Monday, May 25th for Memorial Day.

SAVE THE DATE: Summer class enrollment starts Thursday, May 14th

The last day of classes for the school year program is Saturday, June 13th.

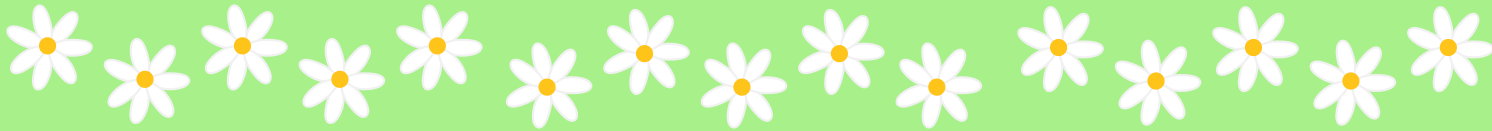
Please visit our school year calendar [HERE](#) to see all important closure dates

BIRTHDAY PARTIES!



Most weekends, we offer 5 time slots for parties. Book today!
Saturdays 3:30-5:15, Sundays 10:00-11:45, 12:15-2:00, 2:30-4:15, 4:45-6:30. Many of our weekends fill up well in advance.





Pre-Competitive Stars Program

Impact Stars program athletes had their first in-house "SWEETHEART FUN MEET" on Valentine's Day. They are preparing for the March 14th "SHAMROCK FUN MEET". They will have an away meet May 9th.

This is a coach-recommended program that offers girls a taste of the competitive side of gymnastics by training routines and giving extra attention to form and conditioning.



OPEN GYM

Does your child want extra time in the gym?
Or, do you need them to get some extra energy out? Open Gym is perfect!

Walking to Age 6

Fridays 10:00-11:30am

\$10, or \$5 if enrolled in an Impact class



Ages 5+

- Fridays 8:15-10:00pm
- Saturdays 5:45-7:30pm

\$15, or \$10 if enrolled in an Impact class,
FREE for competitive teams

*Always check website for special close dates

→ Open Gym can also be used as a make-up class if you let us know in advanced.

Impact Merchandise

Be on the lookout for some fun Tie-Dye shirts for spring & summer!

CLEARANCE on some leotards

Spring Make-up Class

The last make-up class is Friday, May 1st 9-10:30am. Sign up for the make-up class by April 24th so we can plan staffing accordingly.

Please visit our Impact policies page [HERE](#) for more information.

Impact Vacation Camps & Summer Camp

April Vacation Day Camp

Fun in the gym, friends, and time to chill!

Register for April Vacation Camp [NOW](#)

Tuesday, April 28th from 8am - 4pm

Wednesday, April 29th from 8am - 4pm

Thursday, April 30th from 8am - 4pm

Impact Summer Camp June 22nd - August 14th

Registration for Summer

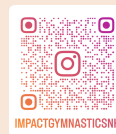
Camp 2026 is open.

Week 3 already full.

Grab your spot NOW! We have fun themes every week.



ImpactGymnasticsNH



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