

October 15, 2020

Good morning to all!

We hope all of you are staying healthy and enjoying the fall weather. If you had a chance to venture to the mountains at the end of September, the colors were incredible this year.

With the colder weather coming, and the need to be indoors more often, we want to send an update about what we are doing to keep our community safe. It is hard to move through any moment at Impact without thinking about the pandemic, those impacted by the virus, and our continued need to remain attentive and active in our approach.

**Gym Occupancy:** We are committed to maintaining our current class offerings and occupancy limits. Our current hourly occupancy is 25% of full capacity, which is purposefully below the 50% occupancy allowed by the NH state Covid-19 guidelines. We will not be adding new classes for the foreseeable future.

**Gym Cleaning:** We maintain our commitment to operating a clean facility. We have several staff who clean and disinfect the gym and observations spaces throughout each day, with a minimum of every two hours of operation for common spaces. Our students sanitize or wash their hands in between each event, which also assists in keeping our students and gym spaces clean.

**Physical Distancing:** Our kids and staff have been doing a great job of spreading out. It has not been easy, or perfect, but we have been impressed by the commitment we have seen. We will continue to do better and spread out as much as possible. The training schedule was created so that no group overlaps on the events and no group enters the gym at the same time as another group.

**Entering/exiting the facility:** Please try your best to arrive to your child's practice on time and not more than 5 minutes before the start of class. We are trying to limit the number of people who enter at any given time. We appreciate all your efforts with timeliness; it helps us operate smoothly.

**Mask wearing:** This is a tough issue for some, and we respect that. At the current time, we are continuing with our same policies: All parents/guardians who enter the Impact facility must always wear a face covering. Our students do not need to wear masks while in the gym. [Attached to this message is a brief document from the American Academy of Pediatrics and other medical bodies outlining the recommendations that we are following]. While mask wearing is not recommended for youth athletes engaged in physical activity, we could move to a requirement that masks be worn by students in between physical activity (e.g. transitions, waiting for a turn, etc.). We will continue to monitor the cases in our area and listen to the advice given by the NH state task force on youth sports. We will inform you if our mask policy for students needs to change in any way.

**Gym ventilation:** You might be feeling cool breezes at Impact! Some of our doors and windows will remain open throughout the winter months to allow for outside air to get into the gym. At the beginning of the summer, the filters on our heating and cooling system were switched over to those rated for the size of viral particles (merv-13 filter). Air purifiers were added in the observation area.

**Illness symptoms:** The best way to maintain a healthy environment at Impact is for everyone's vigilance with respect to symptoms of illness and possible exposure to Covid-19 infection. We have been impressed with the community's response thus far. If your child (or anyone in the household) is experiencing any cold or flu-like symptoms, please stay home and consult your family physician. We will continue to take temperatures at the door, monitor students for symptoms, and call home if symptoms arise during a class. Please be on the safe side!

We know this is a stressful time for many. We do not take lightly the fact that you are bringing your child(ren) to Impact and entrusting us to provide a safe and fun environment. We need everyone in the Impact community to do their part so we can continue providing an excellent experience in the gym.

Thank you for your support. We are incredibly appreciative!

-Craig (Business Owner, Impact Gymnastics Academy)