

January 1, 2021

Hello Impact Families,

2020 brought many challenges our way, but there were many events to celebrate and things for which to be grateful. The continued operation of our small gym is a testament to our amazing community, and we are welcoming in the new year with much gratitude.

We are committed to welcoming in the new year, while at the same time realizing that the world around is in a delicate state. At least for the next few months, we need to be extra cautious and attentive to how we engage while in the Impact facility and in the community beyond 301 River Road.

We need your help!

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### *Physical Distancing*

Please continue to reinforce to those you bring to Impact that we all need to do our best to maintain 6-feet of space between ourselves and others. It is easy to lose sight of this when we wear masks, but the CDC still recommends distancing even when wearing a face covering.

### *Hand washing/sanitizing*

Our kids and staff have been doing a great job keeping their hands clean. We will continue to reinforce hand washing upon entry and exit, in between gymnastics/ninja events, and as often as we can.

### *Mask-wearing*

None of us like wearing masks, myself included. I have gotten used to them, though my preference would be to show my face. That said, face coverings are incredibly important in reducing the spread of the virus. In addition, our New Hampshire Youth Sports & Recreation guidelines as well as the Governor's emergency order mandates them for many circumstances that we must follow to remain open (please see the Covid-19 page on our website for specifics).

Our athletes have been incredible, and we cannot thank them enough. As a reminder, parents/guardians staying to watch must wear face coverings (over mouth and nose) while in the Impact facility. For us to keep our observation area open, spectators must wear face coverings. Please let all adults/guardians who might be staying to watch know about our policy.

### *Symptoms of Illness*

You have been great about keeping your children home if they have symptoms of illness and/or if there has been a potential Covid-19 exposure. Please keep in mind that Impact guidelines state that you should keep your child home if symptoms of illness are present in any member of the household (not just the one who comes to Impact). This is also a New Hampshire state guideline.

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We ask everyone to be mindful of our Impact community and do your part to help keep us healthy and in full operation. We certainly missed having our students last week; the gym is just not the same when it is empty. We are ready to welcome everyone back to a new year of fun in the gym!

Happy New Year!

-Craig

